SEPTEMBER - OCTOBER 2022

MCCRACKEN COUNTY PUBLIC LIBRARY, PADUCAH, KY



THE GROSS OUT ISSUE

Let's face it. Life is messy, and sometimes our world can be downright disgusting. Our bodies can be gross. Animals can be gross. Nature can be gross. Jobs can be gross. Food can be gross. Just about anything can be gross.

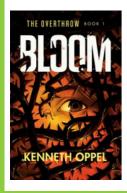
Since the world can be so nasty, foul, repulsive, nauseating, repugnant, and revolting, it's no wonder that there are plenty of books out there that highlight some of the awful, detestable, odorous, loathsome, sickening, and vile stuff that we encounter on a daily basis. BLECH!!

Snot, Itchiness, and Swelling



ALLERGIC - A GRAPHIC NOVEL BY MEGAN WAGNER LLOYD

All ten-year old Maggie wants in this world is a pet, and for her birthday, it finally looks as if her wish will come true. But when she finally meets the dog of her dreams...snot, itchiness, and swelling. She finds out she is severely allergic to anything with fur or feathers. What can be done? A perfect book for anyone who suffers from bad allergies.



BLOOM -FROM THE OVERTHROW TRILOGY BY KENNETH OPPEL

Anaya, Petra, Seth each have weird allergies that produce snot, itchiness, and swelling. But when new (and dangerous) plants start to bloom on their isolated island home, they are the only residents who aren't allergic to the toxic flora. Can they be the key to fighting back?

WHY SO SNOTTY?



When you're sick or your allergies are flaring up, your nose and head begin to stuff and run with mucus. Why?

Mucus is produced to prevent infection. When you're sick, your nose and sinuses are vulnerable to bacteria. So the body makes mucus to keep bacteria from settling and your nose runs to flush bacteria out.

But how does the body produce so much snot? Mucus is primarily comprised of water and a molecule called mucin. Mucin is made by special goblet cells that run from your nose to your lungs. A normal body produces about a half gallon of mucus a day, and we don't even notice. But when we are sick, those goblet cells release more and more mucin to make more and more snot.

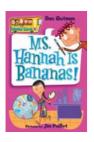
THESE BOOKS ARE GARBAGE

I MEAN, THEY'RE ABOUT GARBAGE



WHERE THE SIDEWALK ENDS BY SHEL SILVERSTEIN

This classic contains "Sarah Cynthia Sylvia Stout" and many other disgusting poems and has sold over 20 million copies. Even still, some schools and libraries have tried to ban it. Books of poetry are found in the non-fiction section.



MS. HANNAH IS BANANAS! BY DAN GUTMAN

One of the ever-popular "My Weird School" books in which the art teacher Ms. Hannah makes art out of garbage. She never throws garbage away. She even has a dress made out of potholders!



WELCOME TO SMELLVILLE BY R.L. STINE

R.L Stine's new series isn't spooky like his Goosebumps books. It's about a weird, sloppy, and strange group called the Garbage Pail Kids. You may think they're gross, but they're doing the best they can.



THEY THREW US AWAY BY DANIEL KRAUS

A group of teddy bears wakes up one morning in a garbage dump. How are they ever going to get adopted by a kid if they're not in The Store? Can they get back?

GROSS AND DISTURBING DIAPERS

- The average baby goes through about 8000 diapers by the time they are potty trained.
- About 130 million babies are born each year.
- 18 billion disposable diapers end up in landfills each year.
- To count to 18 billion (1 number each second, non-stop) would take you 570 years.
- Just after you finished counting, the diapers from when you first started would have just finished decomposing. It takes a disposable diaper more than 500 years to disappear. But since more babies are born each day, the flow of poopy, smelly diapers will never stop.

SHEL SILVERSTEIN

Shel Silverstein was the best at writing weird and wonderful poems for kids. And many of his poems were gross...about snails inside your nose, roller skates made of eels, hippopotamus sandwiches, and being eaten by a boa constrictor. Here's one of his best...Sarah Cynthia Sylvia Stout!

Sarah Cynthia Sylvia Stout Would not take the garbage out! She'd scour the pots and scrape the pans, Candy the yams and spice the hams, And though her daddy would scream and shout, She simply would not take the garbage out. And so it piled up to the ceiling: Coffee grounds, potato peelings, Brown bananas, rotten peas, Chunks of sour cottage cheese. It filled the can, it covered the floor, It cracked the window and blocked the door With bacon rinds and chicken bones, Drippy ends of ice cream cones, Prune pits, peach pits, orange peel, Gloppy glumps of cold oatmeal, Pizza crusts and withered greens, Soggy beans and tangerines, Crusts of black burned buttered toast, Gristly bits of beefy roasts... The garbage rolled on down the hall, It raised the roof, it broke the wall... Greasy napkins, cookie crumbs, Globs of gooey bubblegum, Cellophane from green baloney, Rubbery blubbery macaroni, Peanut butter, caked and dry, Curdled milk and crusts of pie, Moldy melons, dried up mustard, Eggshells mixed with lemon custard,

And all the neighbors moved away,
And none of her friends would come to play.
And finally Sarah Cynthia Stout said,
"OK, I'll take the garbage out!"
But then, of course, it was too late
The garbage reached across the state,
From New York to the Golden Gate
And there, in the garbage she did hate,
Poor Sarah met an awful fate,
That I cannot right now relate
Because the hour is much too late.
But children, remember Sarah Stout
And always take the garbage out!

Cold french fries and rancid meat, Yellow lumps of Cream of Wheat. At last the garbage reached so high

That finally it touched the sky.



WHAT'S THAT SMELL?

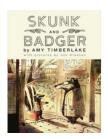
Everything we smell enters our nose as a chemical molecule, and those molecules pass through the olfactory nerve in the back of our noses and then go to the brain. The brain then decides whether it's a good odor or a bad odor. Things that smell good to us are things the brain knows are beneficial or bring us pleasure, like pizza and flowers. Things that smell bad to us are often warnings. Skunks smell so we stay away. Meat smells if it is rotting so we don't eat it. Socks smell so we wash them.

But some smells are also a matter of opinion. Some people may hate a certain perfume while others find it wonderful. Some people may think olives smell great, but if you're like me, you think they're disgusting.



STINK AND THE WORLD'S WORST SUPER-STINKY SNEAKERS BY MEGAN MCDONALD

After visiting the "Everybody Smells" exhibit at the local science museum, Stink Moody is determined to create the world's stinkiest pair of sneakers.



SKUNK AND BADGER BY AMY TIMBERLAKE

Nobody wants to live with Skunk. He's messy and sometimes a little stinky. Badger is very neat and orderly. So how is it that Skunk ends up being Badger's new roommate?



MAGIC SMELLS AWFUL BY MATTHEW K. MANNING

The first in the Xander and the Rainbow-Barfing Unicorn series. Xander didn't believe in unicorns until one of the stinky, zombie-like, upchucking creatures puked on him.

FOUL FOODS

What is a food that you can't stand? For me it's olives. There are lots of lists of commonly hated food out there, that always include olives as well as beets, oysters, anchovies, broccoli, mushrooms, cilantro, black licorice, turnips, spinach, and liver.

Even though you may dislike some of these foods, they are pretty common, so lots of people out there do think they're delicious. However, there are some very UNCOMMON foods that seem so repulsive that it's hard to imagine anybody putting them in their mouths. But somebody does. Ewwww!

DURIAN

Durian is a fruit with a spiky shell and custardy inside that is grown in southeast Asia. It is said to have the odor of rotting onions and raw sewage. In some countries, durian is banned from being taken on public transportation because of the smell.

CASU MARZU

This cheese from Sardinia, Italy is made by leaving a block of hard pecorino cheese outside so it attracts flies. Flies lay their eggs in the cheese, maggots hatch, and eat the cheese. When the maggots poop the cheese, the excrement is soft, and this creamy spread is then enjoyed on some crusty bread with the maggots still alive.

CIVET COFFEE

A civet (a cat-like animal) eats a coffee bean. A human (most often from Indonesia) being picks the partially digested beans out of the civet poop, roasts the beans, and serves it as a nice steaming mug of coffee.







Durian, Casu Marzu, and a Civet

FOUL ME FILTHY FESTIII

CELEBRATE THE GROSS AND DISGUSTING AT THIS COME-AND-GO PARTY

TUESDAY, OCTOBER 18 3:30-5:30 PM UPSTAIRS ON THE YOUTH FLOOR























WILL YOU EAT A BUG?



EAT BUGS: PROJECT STARTUP by Heather Alexander

Sixth graders Hallie and Jaye couldn't be more different. But when they're paired up for a school project to find creative ways to sell bugs for food, they'll have to find a way to work together to win a competition.



How To eat Fried Worms by Thomas Rockwell

ONE OF MR. MATT'S ALL TIME FAVORITES



is the technical term for eating insects.

Eating bugs may sound gross to you, but human civilizations have engaged in entomophagy for centuries. It's estimated that 2 billion people consume insects daily as a part of a regular diet. Insects are high in vitamins and protein, easy to cultivate, and highly sustainable.

Alan bets his friend Billy that he can't eat 15 worms in 15 days. Billy, who needs money to buy a minibike, agrees to the bet only if Alan will pay him \$50 for the win. Their friend Tom says he'll assist Billy, while another friend, Joe, sides with Alan. They search for worms near Billy's family farm and come up with a handful of night crawler earthworms the size of large pencils. Then the eating begins. *Note: This book was written in 1973. \$50 in 1973 is about the same as \$300 now.